



Dragonfly Holistic Healing

Integrating Body Mind and Soul

Thus far, my practice has been one that offers individual attention, not reaching the masses but reaching select individuals that are ready to embrace a change of life through empowerment. My qualifications are a Master's degree in Holistic Nutrition / Naturopath. I also have many years of experience in herbal remedies, colon cleansing, detoxification and fasting along with a Medical Sciences degree in Pathology (disease). Furthermore, I have a 4 year homeopathic degree which takes into consideration the mind/body connection along with other physical symptoms. Marrying all of these aspects allows me to treat and support the body in its entirety, which in the long run promotes a stronger being all around.

Confidentiality is of extreme importance in my practice, to the extent that even husbands & wives or partners do not know who I see, for what reasons. It is crucial before accepting my services that you feel confident that friendship and professional advice can be kept separate. This has never been a problem for me.

I understand that you are considering hiring me for my knowledge, education and experience in natural medicine. That at the end of the day it is you and only you that makes the decision on your health and whatever decision that you make, regardless of the advice I have given you, is YOUR PERSONAL DECISION. This I respect and will hold no judgment on.

This approach to healing the body is very different to other practitioners but can be very effective and rewarding! Of course, what I provide is the guidance and education to support the mind and body, what I ask of you is to accept responsibility for your own health. We work together!

Please feel to make an appointment via the website, www.balancedlivingasia.com or contact my practice phone /email if you would like to continue with a consultation. For international consultations, please be advised that your consultation will take place via Skype or phone and charges will apply.

For first time consultations, please find the appropriate Questionnaire at the bottom of the Personal Consultation page. Download the Questionnaire, fill out the necessary information and return to me via email prior to our consultation. This will enable the consultation to be more efficient. **Please return via email to my private email address below:**

dana@balancedlivingasia.com

Phone: **+65 6762-8029**

Note: 24 hour cancelation notice is required. If you are late for the appointment time, please note that this will cut into your time with the practitioner.

Life Love Laugh and Learn!
Dana Heather